

Knowledge is **Power**



SACY and the Kitsilano Parent Advisory Council invite you to an education session for parents.

Speakers:

Dr. Milan Khara, Physician Lead, VGH Smoking Cessation Clinic
 Kristina Spring, Coordinator SACY STEP program VSB
 Art Steinmann, VSB Manager, Substance Use Health Promotion and SACY

Come and learn about vapour products.

You will gain useful knowledge and explore approaches to support health and well-being among young people.

Questions and concerns will be discussed, including:

What are vapour products? How do they work?
What's in a "vape"? Are they safe?
Can they be used for quitting smoking? Do they increase smoking?
Are they legal for teens?

We'll explore how and why vaping can be appealing for young people and learn effective ways to approach the issue with youth.

Handouts and additional resources will be provided.



Youth and Vaping: What do we need to know?

Date: Wed, April 10, 2019 **Time:** 6:45 PM - 8:30 PM **Where:** Kitsilano Secondary School, 2706 Trafalgar Street

The event is free but registration

is encouraged.

Register Now

Silent Auction!

The Kitsilano PAC will also have Silent Auction items available for purchase to support unfunded <u>upgrade to weight room built for the students of Kitsilano Secondary</u>, but equipment with extremely used and outdated equipment and accessories.

Your donations towards the silent auction would be very appreciated. Please contact kitspac@hotmail.com, if you would like to contribute.









There is limited seating so please register for this free speaking event.

Sincerely, Kitsilano Secondary School Parent Advisory Council