



Vancouver

Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative in BC

ARE YOU a parent who would like to share your ideas and insights, gained through your lived-experience of connecting with mental health and substance use support systems and services, and of navigating the systems of Schools, Hospitals, and/or Community Child & Youth Mental Health Services? The FORCE is looking for Parents living in the Vancouver area whose lives have been touched by mental health and substance use challenges to be a part of Local Action Teams.

- Listen well
- Contribute your voice
- Be patient with the process
- Build relationships within your team
- Be open and honest about what's working and what's not

The CYMHSU Collaborative is made up of children, youth and their families, Aboriginal people, ministries, health authorities, schools, physicians, clinicians and communities. The purpose of the Collaborative is to share our knowledge and experience with the aim of increasing the number of children, youth and their families receiving timely access to integrated mental health and substance use services and to support and document examples and results of the involvement of children, youth and families in decisions related to program design, clinical practice and policy development

As a family member participating on a Local Action Team, your role is vital and valued, as you represent the voice of those being impacted. You will have the opportunity to share your own experiences, knowledge and insights and to give suggestions as a co-member of your Action Team. Your contribution will help to inform the CYMHSU Collaborative process and speak to the changes need to improve access and care for children, youth and families.

If you are interested in sharing your experience and knowledge with others as part of a team and through collaboration, we invite you to apply for this opportunity. The FORCE will interview, orientate and support all youth and parents.

The F.O.R.C.E.
SOCIETY FOR KIDS' MENTAL HEALTH



www.forcesociety.com

Please email **Christie Durnin**; FORCE Director for more information christie@forcesociety.com

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